



A Wonderful and Workable Whole-Life Path

Online Evening with Gregory Kramer

Tuesday June 1, 2021, 7:00 – 9:30 pm

Many lay buddhist practitioners struggle to carry the benefits of their studies and meditation practice into their twenty-first-century lives. How might our daily experience of both life and the Buddha's teachings shift if there were no separation between them?

Studying, contemplating, and writing about the Buddha's Noble Eightfold Path are not new. What is new in Gregory Kramer's latest book, "A Whole-Life Path", and what he'll speak about this evening, is the realistic and comprehensive vision that arises when we ask this question: If every moment of my life is Path, then what aspects of living does each path factor need to cover to integrate life and practice in a grounded way?

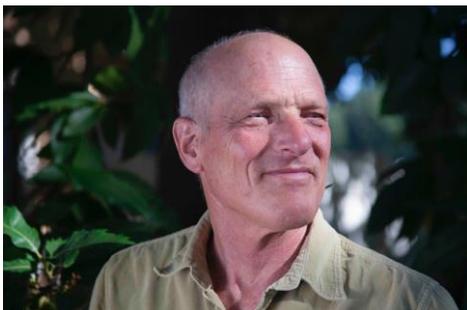
Gregory brings to this inquiry his relational understanding of dharma and decades of experience developing Insight Dialogue. Nothing is left out: social justice, climate change, art, technology, psychology, family life—it's all in there along with meditation and Dhamma study and full awakening from ignorance. The Buddha's teachings enter into practice individually, relationally, and socially. This opens up the whole of our lives to Dhamma and practice in a heartfelt and authentic way.

This evening event is based on Gregory's new book [A Whole-Life Path](#). It will include both lectures on the topic and a light practice of Insight Dialogue.

Registration: <https://tinyurl.com/GregoryKramerEvening>

The Zoom link for the evening will be sent to you via email prior to the event. Registrations have to be made before noon, Tuesday June 1.

This evening will be in English. It's being offered freely in the Buddha's spirit of generosity. You're kindly invited to contribute to Gregory's livelihood by offering a donation via his Paypal-account: <https://www.paypal.com/paypalme/gregorykramer>



Gregory Kramer teaches, writes, and is the founding teacher of the Insight Dialogue Community. His primary focuses are sharing a relational understanding of the Dhamma and teaching Insight Dialogue, an interpersonal form of Buddhist insight meditation. He has been teaching worldwide since 1980. For more information, please visit www.gregorykramer.org